# Edgcumbe Presbyterian Church Midweek Update July 24, 2024

*In this issue:* christ is our peace haiku, July Mission: Kafika House, Backwoods Concert July 27, Food Truck Event, Vaccination clinic July 29

## <u>christ is our peace...</u>

inspired by elder connie's session report in last week midweek, let's haiku!! 😚

we are relentless searching everywhere for peace and yet nothing lasts

all our usual attempts to find peace come from perspectives of lack

the ego's mindset creates dis-ease, drum beat of: "Seek, but do not find"

ephesians tells us: stop looking outside yourself! in christ is our peace

at every moment something truer is afoot than fear and distress

we ask the spirit– loosen our grip on despair soften our thinking Remember that you are Water. Cry. Cleanse. Flow. Let go.

Remember thatyouareFire.Burn.Tame.Adapt.Ignite.

Remember that you are Air. Observe. Breath. Focus. Decide.

Remember that you are Earth. Ground. Give. Build. Heal.

Remember that you are Spirit. Connect. Listen. Know. Be still.

thinking space

resting then in christ we see anew-miracles! here in this moment

where division was we know no separation we are one body

joined to god always along with all god's children we truly are ONE

without division we know we are safe and whole this is our full truth

no longer strangers no more being alien all belong in christ!!

people of god-as we follow christ our lives, we are transformed into grace!! may we be instruments of this grace to our neighbors and extend this truth into the world!! blessed be! in joy! ~pastor luna

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Our July Mission collections will be given to Kafika House (formerly Plaster House). Their website (https://kafikahouse.org/ ) describes what they do as "a High Love, Low-Cost rehabilitative surgery programme in northern Tanzania". Ron and Ingrid have had a long relationship with this great organization. They will talk more about this during this coming Sunday's worship service. A brief description is given below:



Kafika House provides pre- and post- operative care for children with congenital birth defects and some acquired skeletal abnormalities, such as clubfoot, cleft lip & palate, spina bifida and skeletal fluorosis. Children stay in Kafika House until the surgical wounds are healed because of poor sanitation in the villages. Because children may stay **KAFIKA HOUSE** from a week to several months, there is a school in Kafika House Transforming childhood where Ingrid Eggert taught for seven years.

Your contributions by check should be marked "July Mission" in the memo line. Online EPC contributions can be designated to this mission by putting "July Mission" in the note.

#### Backwoods Concert July 27

SAVE THE DATE: JULY 27 MUSIC IN THE BACKWOODS! Once again Edgcumbe will host a concert to benefit the Jessa Roquet Music Foundation, a non-profit created to foster the growth of local musicians. Bring a blanket (and a picnic if you want) and enjoy an enchanted evening of music in the BackWoods on THIS Saturday, July 27 from 6-8pm. For more info and a pre-listen of the music go to Instagram-@jessaroquetmusicfoundation. Suggested donation at the door; \$15 adults, \$5 kids 12 and under.

## <u>Food Truck Event</u>

First Presbyterian in South St. Paul is hosting their 2<sup>nd</sup> Food Truck Event on Saturday, July 27, from 11 am – 3 pm at the West St. Paul Sports Complex (intersection of Wentworth & Oakdale). There will be food trucks, classic cars, music, and family activities including games, face painting and balloon animals. There will also be booths from our community partners including Neighbors, Inc., Neighborhood House, South St. Paul Arts Council, South St. Paul for All, and West St. Paul Pride organizers. Other than the food trucks, this is a free community event for all ages.



# <u>Free Vaccination Clinic at EPC on Monday, July 29</u>

The organization that Todd Barnes founded, Equity News Network (ENN) has been restarted by two of Todd's co-workers. ENN is hosting their first event–a Covid vaccination clinic–here at Edgcumbe Church on next Monday, July 29, from 10am-2pm. The vaccinations are free of

charge, so if you need your next dose or know anyone who does, please tell them about this event.