

Edgcumbe Presbyterian Church

Midweek Update January 17, 2024

In this issue: ZOOM WORSHIP THIS SUNDAY with EPP Ambassadors, the christ mind, Call for Congregational Meeting (and potluck! 😊), Jan Mission: EPP, 2023 Reports, Phil's return



PLEASE NOTE: Zoom only worship this Sunday, Jan 21 – no in-person gathering

This Sunday we will continue our engagement with our January mission focus– the Enneagram Prison Project–with EPP Ambassadors (persons formerly incarcerated). Just a reminder: the gift of being on Zoom allows us to worship while seeing each other face to face, so the request is to keep your cameras on and your microphone muted until invited to unmute. Listen to see who the Holy Spirit is nudging you to invite to join us–they do not even have to be local!! Find links to zoom room and bulletin on the front page of Edgcumbe Presbyterian's website (www.epchurch.org).

the christ mind...

as a community, we have been returning, again and again, to the practice of *surrendering* into god's care. we come back to *asking* the holy spirit to be in charge, and being *willing* to follow. as a part of our prayer of honesty this past sunday, we took a next step in our transformation by recognizing that the holy spirit is our one, shared, christ mind. this means we are not who we think we are. we are not these separate individuals who have separate experiences. we are the one beloved child of god. and this shared identity has just one mind–*the christ mind*. it is at the heart of the I AM identity.

with honesty (and zero judgment), we check our willingness to be loosened from our self-created identities, so that we begin to recognize what is deeper (and truer) about us. we become willing to know that the I AM–the christ mind–is at the

heart of **our essential self**. at each moment, we have two perspectives and thought systems which we can think from—one sees separation, fear, suffering, and guilt, the other sees love, healing, forgiveness, and at*one*ment. as we begin to recognize the christ mind is actually within us, we develop true vision, and that allows us to see ourselves (and others) rightly.

the invitation for you—right in this moment, is to pause, and come into presence with a breath or two. now, and ask yourself: ***am i willing to be loosened from who i think i am and my patterns of thought? if not, am i willing to be willing?*** the holy spirit never goes against our will, so is awaiting our consent. our yes, even if it is only an iota of willingness, but given to holy spirit, allows healing to happen. our consent allows our right mind, the christ mind, to be accessed. the holy spirit is our right mind and allows us to be wholly aligned in god’s love. i shared a music video in the prayer of honesty time, and if you want to re-watch the “i am that” song, you can find it [here](#).

come, beloveds, let us take this moment right now and come into our hearts, and *breath*, and let us pray together:

*holy spirit, in this holy moment, you be in charge, and we will follow you,
trusting that your direction will lead us to peace!!*

blessed be!! in joy!! ~pastor luna🌀

Announcement of Congregational Annual Meeting and Potluck—January 28

The 2024 Annual meeting of Edgcumbe Presbyterian Church will be held after worship on Sunday, January 28. Copies of the 2023 annual reports will be available and a vote on the Terms of Call for Pastors Phil and Luna GebbenGreen will be held. If you can, **bring something to share for a potluck during our meeting**. Look forward to seeing you there!



January Mission: Enneagram Prison Project

January Mission will be the Enneagram Prison Project. As we know, this is a project near and dear to Pastor Phil's heart. It is a project that enables prisoners to do the powerful and transformative work of the Enneagram with trained leaders (like Phil who goes to Shakopee Women's Prison) and learn self awareness, self regulation, and self compassion. It is POWERFUL, vulnerable, and healing work. I encourage all of us to

give to this mission and also to learn more about the Enneagram for our own personal healing.

2023 Annual Reports

If anyone has a write-up for the 2023 Annual Report, now is the time to get it in. It would be great to have reports from: Outreach, Music, Finance, Building & Grounds, and any other area where you have been involved this past year. Please send submissions to Office Manager Krysta at epchurch2149@gmail.com and Pastor Phil at pastorphilgg@gmail.com. Thank you!

Phil's conference ends and arrival back in MN

If you are reading this on Wednesday, Phil is en route back to MN with a wealth of learnings and experiences from his time in Denmark. Look forward to hearing about these insights over the next weeks and months! Welcome back, Phil! 🎉