

Edgcumbe

Presbyterian

Church

Midweek Update

December 6, 2023



In this issue: the season of the heart, part 2; Thank you to Jenya; Dec Mission; Dec Birthdays/Anniversaries

advent: the season of the heart, part 2

due to phil's illness on sunday, we were able to further explore the invitation to come into our hearts. oftentimes, we have unintentionally (and at times, intentionally) erected guards and protection around our hearts. these unconscious and habitual ways will hinder our ability to receive the richness of these days of advent. advent is our time to take inventory of the openness of our hearts to prepare us for immanuel: god-with-us. advent allows us to get ready for what is coming, which is **love incarnate**...which is not only *an idea* for our thinking, but an **experience** which transforms us. consider using the *lectio divina* process we practiced on sunday in your daily prayer experiences. and, if "daily prayer experiences" has not been a part of your rhythm, i commend you to consider to being open to some kind of daily prayer to allow you to come into relationship with the god of your understanding. if you need ideas or support, please consider asking phil or myself to come alongside of you as you discern.

love is being born in this season.... let us prepare him room! join me, right now, if you are willing, and come into presence with your breath. (**breathing**) and as you breath, see if you can invite your breath into your heart space. now, let's just breath together for a minute...do you notice anything shifting or changing? i notice the rest of my body coming into my awareness and a warming/softening sensation happening, too. it really can be that amazingly simple...when our hearts are on-line, miracles can happen!

advent blessings to you!!

*holy spirit, in this holy moment, **you** be in charge, and we will follow **you**, trusting that your direction will lead us to peace!!*

Christmas Eve Worship

On Sunday, December 24, we will not have worship at our usual 10am time but will instead gather at 4pm that afternoon for our candlelight Christmas Eve communion worship service. Everyone is welcome as we celebrate with joy the birth of Jesus and peace for all people.

Advent Hymn Sing... Thank you, Jenya!!

What an enormous gift Jenya offered to the Edgcumbe Community by giving space for a hymn sing within worship this past weekend! Thank you, Jenya, for continuing to share your musical gifts and genius with us!! Our community is blessed!!



INTERFAITH
ACTION OF GREATER
SAINT PAUL

December Mission: Project Home

December's mission is Project Home, a program of Interfaith Action of St. Paul.

Project Home provides emergency shelter and rapid exit case management services for area families facing homelessness.

In March 2021, Interfaith Action formed a partnership with the Sisters of St. Joseph of Carondelet and Ramsey County to move Project Home to the Provincial House on Randolph Avenue in Saint Paul (1.4 miles from EPC!). In this supportive environment, families have a safe place to live and assistance with finding employment and permanent, affordable housing.

Sara Leigl, of Project Home, visited EPC during last Sunday's service, December 3rd, to talk to us about her program. If you would like to get more involved in this important service work in our neighborhood, visit their website at <https://interfaithaction.org/what-we-do/projecthome/>

Submitted by Lisa Holden, mission team member

December Birthdays & Anniversaries



Happy Birthday to:

Mel Houle	12/5
Heather Marschinke	12/6
Micah GebbenGreen	12/12
Warner Gunsell	12/16
Ollie (Tierra) Hunt	12/27

Happy Anniversary to:

Jenya & Vladimir Trubnikava 12/3
Lorenz Fett & Ngoc Nguyen 12/30