

Edgcumbe Presbyterian Church

Midweek Update

November 22, 2023

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Scraps & Stop Thinking

What fun we had this past Sunday with our Brunch & Artists worship service. Thank you so much for everyone who brought food and to Sarah Gannett and Dave Howe-Vielmetti for sharing your art and your hearts with us.

I took home a key learning from each of our artists that I want to reshare here.

- Sarah made a gorgeous quilt for us from the scraps leftover from Carol Schweickhardt's quilt fabric. For Sarah, this quilt is not just meant to dazzle the eye but used as a blanket of healing and comfort for all who mourn or are hurting in any way. Junk scraps made into healing and comfort. That feels like God's math; and leaves me with the question: Are there people or areas in my life that I have assigned to the scrap heap who could actually be a source of beauty and healing?
- Dave has been sharing a few of his photos with us on the sanctuary walls for several weeks. On Sunday, Dave said that in order to take meaningful photos he needs to let go of his preconceived notions and simply notice the world around him. Then he added, "I need to stop thinking." Oof. Do you want meaning and connection and creativity in your life? Try this: stop thinking; start trusting. See what happens.

It's Thanksgiving tomorrow. We've all been doing this for so long that we could make Thanksgiving dinner in our sleep. So stop thinking and start noticing. Notice the junk scraps, notice the beauty, notice the need for comfort and healing. There's so much to be grateful for.

*holy spirit, in this holy moment, **you** be in charge, and we will follow **you**, trusting that your direction will lead us to peace!!*

Highland AA Gratitude Meeting on Thanksgiving Day

The Edgumbe Community is invited to attend Highland AA's **Gratitude Meeting** on Thanksgiving Day, at 10a in the sanctuary. This is a Spirit-filled gathering where each person has an opportunity to share something they hold in gratefulness. Come and start your Thanksgiving Day by grounding yourself with gratitude and the Presence of God.

Christmas Decorating

This Saturday, November 25 at 9:00 am, we will gather in the sanctuary to prepare the tree branches, garlands, and wreaths for hanging (known as *fluffing* at EPC). All are welcome to join us in this tradition. Please bring gloves to protect your hands, if you wish. Thank you, Meredith



November Mission: Small Sums

Our mission recipient this month is an organization that is new to Edgumbe Church. Small Sums is a St Paul-based non-profit that helps unhoused people obtain the work gear, tools, training, and transportation they need to start employment. Since 2005 the group has helped thousands of newly employed workers obtain the proper uniform or shoes, equipment, licenses, etc. so they could start a new job. The website (www.smallsums.org) offers more information about this organization and a few stories about some of the workers they have helped. You may donate to this group by indicating so in the memo line of your check or online by indicating "November Mission" in the notes of your online contribution to EPC.

Want to learn more about this month's mission, Small Sums? **Small Sums is having an open house this Thursday from 5-7pm** at their office in St Paul and would love to have us attend. The office is at 2375 University Ave West. They do have opportunities for volunteering. Learn more and RSVP at

https://www3.thedatabank.com/dpg/707/personal2.asp?formid=SmallSums_Event&c=20231011145100445079